

# BE-A-LINK® – SAVE A LIFE!

*If you have received this Card, it is a Cry for Help:*

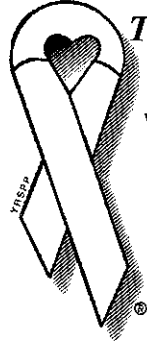
- Stay with the person - you are their *lifeline!*
- Listen, *really listen.* Take them seriously!
  - Get, or call, help *immediately!*

*It's OK to Ask 4 Help!®*

1-800-273-TALK (8255) 1-800-SUICIDE (784-2433)

OR TEXT 741741

YELLOW RIBBON SUICIDE PREVENTION PROGRAM® • 303-429-3530 • [www.yellowribbon.org](http://www.yellowribbon.org)



## ***THIS RIBBON IS A LIFELINE!®***

It carries the message that there are those who care and will help! If you are in need and don't know how to ask for help, take this card to a counselor, teacher, clergy, doctor, parent or friend and say:

***“I NEED TO USE MY YELLOW RIBBON”***

The Yellow Ribbon Program is in loving memory of Michael Emme